



This picture was created by Rich Wells and can be downloaded free at www.art.100daybiblechallenge.com

Ten

The 10 Commandments or Decalogue were given to Moses on Mount Sinai. They are recorded in the Old Testament books of Exodus & Deuteronomy. These rules are important to both Jews and Christians.

Does the list surprise you?

Do you think any of the 10 rules are important?

Do you think there is some good advice included?

Would you expect to find anything else on the list?

What would you have included?

What would you have missed out?

Do you think keeping any of these rules today would improve the lives of families or communities?

Do you think that boundaries of good behaviour today (outside the classroom) are important? Clear?

How do you feel about rules, etiquette or boundaries generally?

Explore the Ten Commandments relevance to today by completing the exercise on the next page – can you add any more examples? How does breaking the commandments make people on the receiving end feel?



Look at the list below – which of the 10 Commandments might Christians or Jews consider are being broken?

Posting something untrue about someone on social media.
Going to bed so late & being so tired you can't do things properly.
Rolling your eyes & shrugging your shoulders at your parents/carers.
Exclaiming 'Jesus Christ' when you are cross about something.
Stealing someone's reputation by gossiping about them.
Going out with someone else's boyfriend or girlfriend.
Making money & possessions the most important thing in your life.
Being so busy you do not have time for people.
Being angry with someone because you are jealous of how they look.
Saying/texting OMG.
Treating home as if it is a hotel.
Killing someone's privacy by posting a private photo of someone on social media.
Cheating in a test.
Flirting with someone else's girlfriend or boyfriend.
Texting all the time your parents/carers are trying to talk to you.
Complaining & being unthankful for the good things in your life.
Killing someone's self-confidence by being mean to them.
Envyng someone's abilities.
Blaming someone else.
Making how you look and dress the all-consuming purpose of your life.